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| 週次 | 日期 | 訓練時間 | 實到人數 | 訓練內容 | 訓練評析紀要 |
| 1 | 4/7 | 17:30-20:00 | 14 |  |  |
|  | 4/10 |  |  |  |  |
| 2 | 4/14 |  |  |  |  |
|  | 4/17 |  |  |  |  |
| 3 | 4/21 |  |  |  |  |
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| 11 |  |  |  |  |  |

靜宜大學103學年度第2學期**女子籃球運動代表隊**-訓練日誌

教練：

填表人：